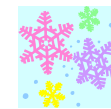


# January Calendar for Parents



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

## January Recipe Idea:

### Hot Spiced Cider! Try this nice warm beverage for the winter months.

Mix together 1 quart cider, 1/2 cup brown sugar, 1/2 tablespoon whole cloves, 1 small cinnamon stick, and 1/8-teaspoon salt. Simmer 20 to 30 minutes. Strain out the cloves and cinnamon stick before drinking.

Ask your child to tell you about the things he/she likes about winter.



Read a newspaper cartoon with your child. Cut the cartoon into individual frames, scramble the frames and have the child rearrange them into the correct order.



Explore tasting: Give your child something sour, salty, sweet and bitter to taste. (lemons, chips, cookies and a sugarless drink.)

While riding in the car with your child, discuss the significance of each color of a traffic light, ex: red means stop....



Car song: I'm going on a trip and I'm bringing.... The person then starts with a word beginning with A – and so on through the alphabet.



Take a walk around your home. Talk about the changes that have occurred with the season change.

Have your child prepare his/her favorite sandwich for lunch tomorrow.

At dinner: Ask each family member "What was the best thing that happened today?"



Sense of smell- Have your child close his/her eyes. Give them different scents to smell. (oranges, bananas, mint, lotion)

Five Senses Song: (Tune: Where is Thumbkin) *Five senses, five senses. We have them. We have them. Seeing, hearing, touching, Tasting and smelling. There are five. There are five.*

Point to the parts of the body as you sing the song.



Have your child count backward from 5 to zero.



Ask your child to name the day of the week that comes after Tuesday and before Thursday.

Help your child make a snowman. If snow is not available, make your snowman out of paper, cotton, or some other materials.

